

Light Deli Lunch

—available for groups of any size—

For US Waters trips, some of our guests prefer to enjoy lunch options served on the boat as part of their sailing charter rather than onshore options and often considering many US waters itineraries do not allow for lunch ashore. We offer the below menu for any group size. This is a delicious and hearty choice and is included in the trip rate.

(No substitutions please. This is a pre-set deli catering package. **Vegetarian lunches must be pre-ordered as a specialty provision upgrade request and are charged accordingly).

Deli Style Lunch Spread for Make-Your-Own Sandwiches:

- **Deli turkey breast**
- **Deli ham**
- **Deli cheese selection**
- **Freshly baked bread, wrap and/or roll selection**
- **Sandwich fixings of tomatoes, lettuce & mayo/mustard condiments**
- **Signature Potato or Pasta Salad (never tasted better!) and/or Signature Slaw**
- **Freshly baked cookie for dessert—typically chocolate chip or oatmeal raisin**

**Light Deli Lunch Option included in basic US Waters trip rate
—or— \$25/p for BVI Trips (Guests normally eat ashore).**

US Waters Shore-side Lunch Options on certain itineraries (guests pay \$20-40/p+):

Caneel Bay Resort on St John, Secret Harbor on St Thomas, Pizza Pi boat at Christmas Cove, Ritz Carlton St Thomas.

JVD/BVI Waters Shore-side Lunch Options (guests pay \$15-60/p):

Soggy Dollar Bar—White Bay, Foxy's—Great Harbor, Sidney's Peace & Love—Little Harbor (may require an extension)

As OFF CAY As You Want To Be!



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SINGING DOG SAILING

Chef Prepared Lunch Selections

—available for groups of 6 or fewer—

WHAT A SPECIAL TREAT TO HAVE LUNCH ACTUALLY PREPARED TO ORDER ABOARD—not just catered & served! Some of our guests prefer the enjoyment of a gourmet style lunch served on the boat as an upgrade to their sailing charter rather than catered deli spread or onshore options. Please email us to discuss current selections, pricing, availability, and alternate menu options. Available US Waters Trips ONLY.

Sample Lunch Menu Selections (subject to market availability/substitutions/price changes):

**** Each lunch entrée is also served with a seasonally appropriate, specialty prepared & baked dessert include in price.**

- **Caribbean Jerked & Grilled Fish or Chicken Tacos:** Sweet & spicy Caribbean jerk seasoning rubbed then marinated with coconut milk, lime and cilantro. Char-grilled to perfection on our BBQ. Warmed flour tortillas accented with sweet mango chutney glaze, & layered with a cilantro/cabbage/lime infused slaw. This entrée is served with a side of coconut jasmine rice, calypso black beans and pineapple salsa. A refreshing & lite Tropical lunch favorite! Chicken —OR— Fish \$50/plate
- **Tomato & Hearts of Palm Salad served with Grilled Shrimp or Chicken:** On the lighter side, a healthy yet equally delicious salad entrée featuring a selection of crispy and delicate mixed greens, layered with fresh vine ripe tomatoes, hearts of palms and either grilled shrimp or chicken, feta cheese and tangy Asian sesame ginger dressing. Fire-grilled pita/flat bread served on the side. Chicken plate —OR— Shrimp \$40/plate
- **Signature Quiche & Side Salad:** Daily selections vary based on produce availability. \$40/plate
- **Grilled Tropical Skewers with Ginger Soy Marinade:** Served with a side salad —OR— Caribbean Rice, this delectable skewer entrée is a taste explosion of tender meat cutlets, fresh vegetable and tropical fruit grilled to perfection. Chicken —OR— Beef file tips \$50/plate
- **Char-Grilled Chicken Panini's:** Cutlets of chicken breast char-grilled to perfection on our BBQ. Served open faced on warmed Panini flat bread or similar, accented with goat cheese & basil pesto tapenade layered with fresh summer vegetables (i.e. RED ONION, EGGPLANT, SQUASH, ZUCCHINI, RED/GREEN PEPPERS) also grilled. Side: 5 Star Fresh Herb de Provence French Potato Salad added to round out this hearty, healthy & filling entrée. \$50/plate
- **Lobster Tail:** Unless otherwise noted, **ADD a lobster tail** upgrade to any entrée for \$MP (normally add \$45/grilled tail as an addition to any above entrée. Hearty eaters 1 tail p/p. Light eaters can share a tail!

****We ask that all guests select the same entrée with same meat selection given our limited Galley space aboard it is not possible to offer multiple selections during a charter from THIS menu.** For example: we can serve chicken OR fish tacos...not: 2 chicken tacos and 1 fish tacos, 2 chicken Panini's and 1 Quiche. Rates include provisioning fee, cost of provisions, chef prep fee, etc. This is a special experience to have lunch prepared on a boat and beyond what a normal restaurant can provide given the specialty context. Ordering from THIS menu negates ordering from any other menu.

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Deli Specialty Options

Rather than make your own, we are able to offer specialty sandwiches/salads made the morning of the trip from our partner deli. \$15/each delivered to the boat! Please be mindful that pre-made sandwiches will be refrigerated until time of service, but may have altered during hours since made to order at 6-9am delivery time.

- **#2 Veggie Burger:** Our homemade veggie burger topped with lettuce, tomato, cucumber, onion, sprouts, ketchup, & mustard on a kaiser roll.
- **#3 Hummus & Veggies:** Our homemade multigrain bread topped with roasted garlic hummus, lettuce, tomato, onion, cucumber, & sprouts.
- **#4 Roasted Veggies w/ Pesto:** Roasted eggplant, roasted red peppers, mushrooms, caramelized onions, provolone, & pesto on sourdough.
- **#6 Curry Chicken:** Curry chicken salad with lettuce, tomato, onion, cucumber, and sprouts. Choice of sourdough or over greens.
- **#7 California Reuben:** Turkey, coleslaw, Swiss on Rye.
- **#8 The Italian:** Ham, turkey, pepperoni, provolone, balsamic vinaigrette, lettuce, tomato, onion, cucumber, & sprouts on a sub roll.
- **#12 Smoked Turkey Pesto:** Smoked turkey, pesto, provolone, & roasted red peppers grilled on sourdough.
- **#13 Turkey Club on Croissant:** Our top selling sandwich! Roasted turkey, bacon, provolone, mayo, lettuce, & tomato.
- **#14 Turkey Provolone:** Roasted turkey, provolone, onion, sprouts, tomato, & roasted red pepper aioli on grilled sourdough.
- **#16 Tuna salad or Tuna Melt:** Tuna salad, lettuce, tomato, onion, cucumber, & sprouts. Have it cold, hot with melted cheddar, or over greens.
- **#17 Classic Reuben:** Corned beef, sauerkraut, 1000 island & swiss grilled on rye.
- **#28 St. John Cuban:** Roasted turkey, ham, pork loin, swiss, pickles, mayo & whole grain mustard grilled on sourdough.
- **#29 Monterey Chicken:** Roasted chicken breast, pepperjack, bacon, lettuce, tomato, onion, & spicy aioli on a kaiser roll.

SALADS

- **Greek Salad:** Romaine, pepperoncini peppers, kalamata olives, feta, onion, tomato, & cucumber served with greek dressing.
- **Spinach Salad:** Spinach, smoked gouda cheese, bacon, onion, tomato, & hard boiled egg served with balsamic vinaigrette.
- **Chef Salad:** Roasted turkey, ham, provolone, hard broiled egg, onion, tomato, cucumber, sprouts, & romaine served with balsamic vinaigrette.

72 hours notice required for all orders. Not available for Sundays/Holidays. Only offered on US Waters trips departing at 10 or after. Ordering from THIS menu negates ordering from any other menu please. All passengers must select one menu.

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